

Ru'ah

☞ **Ru'ah** is the ancient Hebrew word for "breath" and "spirit" in the Bible.

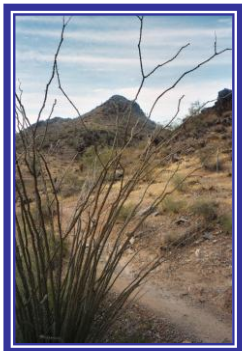
Ru'ah is the power of God that brings creative life out of chaos, liberates people from slavery, and inspires prophets, sages, and poets.

Ru'ah is the force of divine creativity that is sprinkled in the lines of poets and prophets throughout time.

☞ **Ru'ah** is the special gift of the Creator to the created -- that thing which makes us different from all other life forms on this planet: the very image of God.

☞ **Ru'ah** is the very breath of God, breathed into Adam, that brings us life.

Ru'ah is life itself ... without it we are but dust.



Dear Friends:

Life is hard. Sometimes others hurt us, and sometimes we hurt ourselves. The support of a pastoral counselor can be critical to maintaining or regaining emotional and spiritual health and stability. Whatever your need, concern, or place of pain, I bring compassionate, therapeutic skill to assist you on your journey.

I have expertise in a broad range of life's problems, including: marriage and relationship difficulties, family issues, grief and loss, divorce recovery, work and career challenges, depression, and anxiety. Please call me at 210-859-5560. I will be happy to answer any questions you might have.

Ru'ah Pastoral Counseling and Consulting Services Inc.



Professional, Spiritually Sensitive Pastoral Counseling and Consulting Services for Congregations, Individuals, Couples and Families.

210-859-5560

**Rev. Harold Bone PhD
President**

**Healing and Growth for
Individuals, Couples & Families**

The Pastoral Counselors of Ru'ah Pastoral Counseling and Consulting Services Inc. can give you the guidance you need as you experience life's challenges. Specialty areas include:

- Abuse
- Addictions
- Aging
- Anxiety
- Career Transitions
- Childhood and Adolescent Transitions
- Couples Care
- Depression
- Family Therapy
- Grief and Loss
- Premarital Care
- Relationship Therapy
- Sexuality
- Stress Management

Appointments may be scheduled through the church office. Fees are fully waived for active church members. Your tax deductible gifts are appreciated. Please call 210-859-5560 to discuss fee arrangements and to make an appointment.

Consulting Services

RPC&C offers consulting to congregational leadership and congregations in assessing and promoting church health and vitality, and assisting in problem solving, team building, and vision work.

These services can be extremely valuable to

churches at all stages of growth and health, but particularly to those congregations experiencing difficulties due to demographic readjustment or social shifting.

Services may involve a one-day consultation with follow-up or several days on location, but almost always include various surveys and needs assessments designed to accurately identify key issues.

Congregational Partnership

Many congregations desire assistance in providing spiritual care to their members because their staff resources are too limited. The pastoral staff may be effective preachers and leaders, but still not possess the expertise or training to deal with complex psychological issues.

RPC&C will work alongside the leadership of a local congregation to provide spiritual and psychological care to congregants under the umbrella of the local church. This may be accomplished with a pastoral associateship, whereby a part-time care practice is embedded within the congregation and housed in the church's facilities.

For further information about how RPC&C can partner with your congregation, please contact Dr. Bone at 210-859-5560.

Rev. Harold Bone PH.D is a regularly ordained minister and designated Pastoral Counselor in the Trinity Presbytery of the Cumberland Presbyterian Church. He holds a Master of Arts in Religion from Memphis Theological Seminary and a Ph.D. in Psychology from Saybrook University.

CPE

Dr. Bone has earned an additional four units of clinical pastoral education, and has experience in grief and trauma, Christian ministry, and Pastoral Care. Though certainly well educated and credentialed, Dr. Bone is also a gifted and intuitive Pastoral counselor, bringing to his care the grace he has received in his own life.

Dr. Bone is preparing for full membership with the American Association of Pastoral Counselors. He is a member of the American Academy of Religion and the American Psychological Association. As required by the Texas Psychology Board, from whom he seeks licensure upon completion of his doctoral work and clinical internship, Dr. Bone is allowed to perform Pastoral Counseling in the context of his clerical duties.

Your Pastoral Counselor